

SPEAKING YOUR PARTNER'S LANGUAGE

*Love becomes more powerful when
it is expressed in ways your partner
can recognize and receive.*

Many couples genuinely care for one another but still feel disconnected.
Often, this is not because love is absent.
It is because love is being expressed in a language the other person
does not naturally hear.

A thoughtful gift may mean a great deal to one person, while another feels
most connected through quality time or encouraging words.

The goal is not to stop expressing love naturally.
The goal is to become more intentional about expressing love in ways
that are meaningful to your partner.

Small, consistent efforts often have a greater impact
than occasional grand gestures.

REFLECTION

Based on what you know
about your partner, which
love language seems most
meaningful to them?

- ☐ Words of Affirmation
- ☐ Quality Time
- ☐ Acts of Service
- ☐ Physical Touch
- ☐ Thoughtful Gifts

THIS WEEK'S ACTION PLAN

What is one specific way I can express
love in my partner's preferred
language this week?

AFTER YOU TRY IT

What did I do?

How did my partner respond?

What did I learn?

CLOSING THOUGHT

*Love is not only about what we give.
It is also about learning how the other person receives it.*

